

# NO TOWN

## — LEFT BEHIND —

This list was compiled working with the churches and distributions centers that we worked with in Harvey and Irma. 7 different centers participated in helping to define the immediate needs of their community members.

### Calories and Hydration

- Water (Bottles) 6 Bottles of Water per day. (A case per family of 4 per day) = 1 gallon of drinking water per person per day.
- 1/2 gallon of water to get clean in per person per day or baby wipes
- MREs (Calories)
- 1 has 3 meals per box (breakfast, lunch dinner) Adult- Civilian MRE comes in senior and child (One Pack)
- Single Meal Packs – True Military Style comes with peanut butter. (5,000 calories in an MRE. Stops you up. Normal people can maybe eat just one per day. Can do this for only a couple of days before they get stopped up.)
- 1 Pallet of Civilian MREs 3 Meal Packs
- 1 Pallet of Single Serving Civilian MRE's
- (60 Cases on a Pallet (12 per box = 720 Single MRE's per pallet) 1 Pallet will serve 240 people per day 3 meals.
- 1 Pallet of Water is about 75 Cases – will serve 300 people for a DAY.

### Snacks (1 Pallet)

- Canned Fruit Cups (Canned not plastic)
- Cereal Bars
- Pop Tarts
- Chips
- Cookies
- Apple Sauce
- Snack crackers (Variety of flavors)

### Baby Supplies

- Similac Formula (1 Pallet of Similac)
- A smaller amount of Newborn formula (Premixed style) 30 Cans of Each
- Progestamil Formula Powder or Liquid 30 Packs comes (qty. 6 pack)
- Nutramigen Formula by Enfamil (Soy based or Organic) 30 Cans of Each
- Similac Spit Up (For babies that spit up too much) 30 Cans of Each
- Gerber Baby Foods (Jars) (1 Pallet)
- Diapers (1/2 Pallet of Diapers with ½ Wipes PLUS one full pallet of diapers ALL Sizes. More of sizes newborn, 5's & 6's)

- Pedialyte for Hydration
- Gold Bond Chafing Stick
- Baby Powder
- Bottles & nipples (mixture of types)
- Pacifiers

### **First Responder**

- Good flashlights (Can be used for first responders) \*Especially in floods
- AAA, AA, C, D Batteries

### **Geriatric Care**

- Adult Pads for Incontinence
- ½ Pallet of Adult Diapers S-M-L-Ex-Large (Both women's & men's)
- Bed Pads for Elderly & Special needs
- Adult Wipes

### **Pets**

- Mixed Pet Pallet (Dog food, cat food, liter, flea spray or powder)

### **First Aid**

- Band Aids & Gauze Wrap
- Face bandages (small amount)
- Neosporin
- Ibuprofen
- Advil
- Aspirin
- Benadryl Adult
- Children's Benadryl
- Pepto Bismol
- Ace bandages
- Alcohol wipes
- Lice Kits (At Least 30)
- Small personal first aid kits
- Sunblock (Lotion or Spray)
- Tetanus Shots
- Bug spray
- Personal First Aid Kits
- Insulin & needles
- coolers for keeping supplies chilled
- IV Saline bags & hose

- Colonoscopy bags & supplies

### **Safety Gear**

- Masks
- THICK Latex Gloves (Medium & Large Sizes)

### **Personal Hygiene**

- (Travel Sizes)
- Body wash
- Shampoo
- Conditioner
- Tooth Paste
- Tooth Brushes
- Deodorant
- Athlete Foot Spray

### **Feminine Hygiene**

- Pads
- Tampons
- Vagisil Cream
- Monistat 7

### **Paper Goods**

- Paper Towels
- Toilet Paper
- Paper Plates
- Paper Cups
- Plastic Forks, Knives, Spoons

### **Misc. Items (If there's room)**

- Tarps
- Generators
- Chainsaws
- Lanterns
- Solar battery chargers
- Extension cords
- Gas cans
- Portable radios

**Children's Extras (If there's room)**

- Books
- Coloring books
- Crayons
- Games (small board games)
- New clothes
- New shoes

**Luxury Items (If there's room)**

- Socks (New All sizes)
- T-shirts (New All sizes)
- Undergarments (New All sizes)
- Pillows
- Blankets
- Towels
- Women's makeup (Lipstick- mascara- eyeliner- blush- powder- foundation)
- Nail polish
- Polish remover
- Cotton balls