

# NO★TOWN

## —LEFT BEHIND—

### FIRST WAVE OF SUPPLY DISTRIBUTION “The Cornucopia Truck”

**Initial Military Delivery** (Should have Water, MRE’s and ICE for citizens in need. This doesn’t always happen.)

(TIP) Look at demographics before ordering supplies for a town. \*Special NOTE be aware of peanut allergies & lice problems at evacuation centers.

#### **Calories and Hydration**

- Water (Bottles) 6 Bottles of Water per day. (A case per family of 4 per day) = 1 gallon of drinking water per person per day.
- 1/2 gallon of water to get clean in per person per day or baby wipes

#### **MREs (Calories)**

- 1 has 3 meals per box (breakfast, lunch dinner) Adult- Civilian MRE comes in senior and child (One Pack)
- Single Meal Packs – True Military Style comes with peanut butter. (5,000 calories in an MRE. Stops you up. Normal people can maybe eat just one per day. Can do this for only a couple of days before they get stopped up.)
- 1 Pallet of Civilian MREs 3 Meal Packs
- 1 Pallet of Single Serving Civilian MRE’s
- 60 Cases on a Pallet (12 per box = 720 Single MRE’s per pallet) 1 Pallet will serve 240 people per day 3 meals.
- 1 Pallet of Water is about 75 Cases – will serve 300 people for a DAY.

**Snacks** (2 Mixed Pallets) Pull tops where possible

- Canned Fruit Cups (Canned not plastic)
- Cereal Bars
- Pop Tarts
- Chips
- Cookies
- Apple Sauce
- Snack crackers (Variety of flavors)

#### **Baby Supplies**

- Similac Formula (1 Pallet of Similac)
- A smaller amount of Newborn formula (Premixed style) 30 Cans of Each
- Progestamil Formula Powder or Liquid 30 Packs comes (qty. 6 pack)

- Nutramigen Formula by Infamil (Soy based or Organic) 30 Cans of Each
- Similac Spit Up (For babies that spit up too much) 30 Cans of Each
- Gentle Ease Formula 30 Cans of each (hard to find in disasters)
- Mixed Gerber Baby Foods (Jars) (1 Pallet)
- Diapers (1/2 Pallet of Diapers with ½ Wipes PLUS one full pallet of diapers ALL Sizes. More of sizes 3 & 4)
- Baby Powder
- Bottles & nipples (mixture of types)
- Pacifiers

#### **First Responder (2x2 Crate filled)**

- Good flash lights (Can be used for first responders) \*Especially in floods (2 Dozen)
- AAA, AA, C, D Batteries (50 Packs of Each)

#### **Geriatric Care**

- Adult Diapers S-M-L-Ex-Large (Unisex) (1 Pallet)
- Chuck - Bed Pads for Elderly & Special needs (1 or 2 Boxes)

#### **Pets**

- Mixed Pet Pallet = Dog food, cat food, liter, liter pans, liter scoopers, flea spray or powder (1 Mixed Pallet- mostly food)

#### **First Aid (2 x 2 Mixed Crate)**

- Pedialyte for Hydration (Four Cases)
- Gold Bond Chaffing Stick (4 Dozen Sticks mostly for First Responders)
- Small personal first aid kits
- Face bandages (small amount)
- Neosporin
- Ibuprofen
- Alieve
- Aspirin
- Benadryl Adult
- Children's Benadryl
- Pepto Bismol
- Ace bandages
- Alcohol wipes
- Lice Kits (At Least 30)
- Sunblock (Lotion or Spray)
- Tetanus Shots (If possible)

#### **Personal Hygiene (1 Pallet)**

- (Travel Sizes)
- Body wash
- Shampoo

- Conditioner
- Tooth Paste
- Tooth Brushes
- Deodorant
- Athlete Foot Spray

**Feminine Hygiene (1/2 Pallet)**

- Pads
- Tampons
- Vagisil Cream
- Monostat 7

**Paper Goods (1 Pallet Mixed)**

- Paper Towels
- Toilet Paper (MORE of TP)
- Paper Plates
- Paper Cups
- Plastic Forks, Knives, Spoons
- Trash Bags

**Questions? Please call email [Kim@NoTownLeftBehind.org](mailto:Kim@NoTownLeftBehind.org) or call (858) 243-2265.**